



THICK-N INSTANT Liquid

THICKENING CONCENTRATE
for the management of dysphagia

DIRECTIONS FOR USE




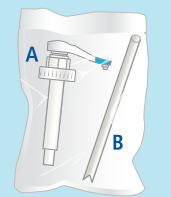
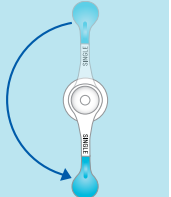
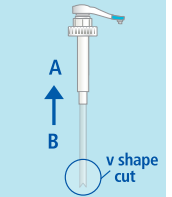
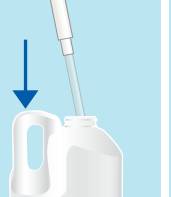



STEP 1: Clean hands thoroughly.



Free ONLINE TRAINING is available at
<https://elearning.precisethickn.com.au>
On successful completion of training,
you will receive a Certificate of Completion.



STEP 2: Pump Assembly & Priming directions.

1 SHAKE	2 PUMP	3 TWIST	4 PUSH	5 INSERT	6 PRIME	7 DOSAGE	8 CLEAN
 Shake well before inserting the pump into the bottle	 Each bottle is supplied with a Pump in 2 parts - part A and part B. Do not reuse the pump.	 Turn the handle of the pump anti-clockwise to release the stem - it will pop up.	 Push part B into part A firmly, making sure the 'v shape' cut end is at the bottom of the pump.	 Insert the pump into the bottle and tighten the cap.	 Prime the pump by pressing it down several times until unbroken stream flows from the nozzle.	 Look for the BLACK LINE indicating the pump has fully returned to the top to ensure an accurate dosage.	 Clean the nozzle once every 24 hours. Gently wipe it with an alcohol wipe.

STEP 3: Dispense Precise Thick-N INSTANT into the beverage according to the usage chart.

IDDSI LEVEL	COLD		HOT
	100mL	200mL	75-100mL
LEVEL 2 – MILDLY THICK	1 PUMP	2 PUMPS	1 PUMP
LEVEL 3 – MODERATELY THICK	2 PUMPS	4 PUMPS	2 PUMPS
LEVEL 4 – EXTREMELY THICK	4 PUMPS	8 PUMPS	4 PUMPS
LEVEL 1 – SLIGHTLY THICK	1 PUMP PER 175mL OF WATER		

FOR MILK BASED COLD BEVERAGES:
Allow to stand for 10 minutes, then re-stir before serving.

FOR HOT BEVERAGES:
Ensure the temperature does not exceed 60°C when served, for consumer safety and comfort.

Refer to our website for further mixing instructions.
It is recommended that thickened beverages are consumed within 24 hours.

IMPORTANT: This table is a guide to the amount of Precise Thick-N INSTANT required to thicken drinks to prescribed levels. Consistency requirements should always be determined by a Health Care Professional.

STEP 4: Stir briskly for 30 seconds. Ready to serve.



At the end of the day, gently wipe the pump nozzle with an alcohol wipe.

DO NOT WASH PUMPS. DO NOT REUSE.

Please discard the bottle when it is nearly empty and the pump starts spitting.

FOR USE IN CHILDREN 3+ YEARS WHO WERE NOT BORN PREMATURELY OR HAD ANY HISTORY OF GI ISSUES. THIS IS A LABEL RECOMMENDATION ONLY AND IS NOT INTENDED AS A SUBSTITUTE FOR PROFESSIONAL MEDICAL ADVICE, WHICH SHOULD BE SOUGHT ON A CASE-BY-CASE BASIS. FOR THE DIETARY MANAGEMENT OF DYSPHAGIA. FOR ORAL CONSUMPTION ONLY. PRODUCT TO BE USED UNDER MEDICAL SUPERVISION. NOT A SOLE SOURCE OF NUTRITION. CERTIFIED AUSTRALIAN INNOVATION PATENT NUMBER 2020104240.

T: +61 7 3718 5800 | A: 54 Ron Boyle Crescent, Carole Park QLD 4300 Australia | W: [precisethickn.com.au](https://www.precisethickn.com.au) | E: admin@precisethickn.com.au

TFPR004 V2 Mar2025